

School of Kinesiology  
Faculty of Health Sciences  
Western University

**KIN 4585 – Field Experience in Athletic Injuries**  
**2016 - 2017**

**Instructor: Robert Walsh**

**Location: Rm. 1102 Thames Hall**

**Lectures: Monday's**

**11:30 pm – 1:30 pm**

**Office: Rm. 2160B – Thames Hall**

**Office Hours: Tuesday 9:00 am-12:30 pm**

**Phone: 519-661-2111 ext. 88369**

**Email: [rwalsh@uwo.ca](mailto:rwalsh@uwo.ca)**

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL.

**Calendar Description:** This course provides students with the opportunity to put theory into practice within the sports teams and medical facilities at Western. Students will work closely with athletic teams, in assigned areas, under instructor supervision.

**My Course Description:** This course is intended to provide the student a hands on learning environment. You will become the student trainer for an assigned varsity athletic team. You will be responsible for all of the pre and post- practice care of the athletes on your team such as taping, stretching and injury assessment. During the practice and game periods you will be directly responsible for the on field acute care of these athletes. Class time will be spent refining your acute injury management skills, your acute injury assessment skills as well as some basic rehabilitation skills. These will be taught through both lecture and hands on learning. The student trainers will also have the opportunity to spend time volunteering in the Fowler /Kennedy Sport medicine Clinic.

It should be understood that the practicum is in effect for the full academic year and, although responsibilities with a team will cease prior to the completion of the academic year, the student will be required to attend classes and to lend service when or when necessary.

As a student trainer, you will be required to attend all practices and games. You will receive the same considerations as any member of the team during away games. There will be various invitational events, throughout the year, that will require student trainers on-site. Tournaments, meets, etc. will be covered utilizing student trainers enrolled in Kinesiology 4585 on a scheduled format.

**Anti-requisite(s)/Pre-requisite(s)/Co-requisite(s) if applicable: \***

You are responsible for ensuring that you have successfully completed all course prerequisites. Kinesiology 2236b and 3336 a/b, You must also have a valid First Responder certificate, and be a full time student within the School of Kinesiology. \*\*\*Please note you cannot be a member of a Varsity sport team and be selected to this program.

**Course Format:**

Class will take place Monday's from 11:30 to 1:30 in room 1102 Thames hall (Injuries Lab)

**Recommended Text: Arnheim's "Principles of Athletic Training" by William E. Prentice 14<sup>th</sup> edition**

**"Physical Examination of the Spine and Extremities" by Stanley Hoppenfeld**

**Learning Objectives:**

Upon completion of this course students will be able to:

1. **Identify, diagnose, and treat acute athletic injuries.**
2. The student trainer will be able to provide emergency first aid to injured athletes as well as provide basic rehabilitation techniques for the injured athlete.
3. The student trainer will have some basic knowledge of clinical practice and their roll within it.
4. The student trainer will also have developed a competency with various diagnostic hand tests, and on field procedures which help in the diagnosis of athletic injuries.

**Required Course Material:**

All required readings will be posted on OWL.

**Course Evaluation Summary:** (this is an example)

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| 1. Final Oral / Practical                | 40% |
| 2. Taping practical                      | 15% |
| 3. Coach's Evaluation                    | 10% |
| 4. Athlete's (team captain's) Evaluation | 10% |
| 5. Coordinator's / Clinical              | 15% |
| 6. Practice Practical Exam               | 10% |

## Course/University Policies

1. **Lateness/Absences:** Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the Undergraduate office. A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.

2. **Written documentation:** Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate *Academic Counselling Office* of the student's Faculty/School of registration not to the instructor, with a request for relief specifying the nature of the accommodation being requested. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy. See <https://studentservices.uwo.ca/secure/index.cfm> for specific policy and forms relating to accommodation.

3. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

[http://www.uwo.ca/univsec/handbook/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf).

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence

Policy in the Western Academic Calendar). All required papers might be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (<http://www.turnitin.com>)

B) Computer marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

5. **Formatting** (*as recommended by the course instructor*): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.

6. According to the **Examination Conflict policy**, “A student who is scheduled to write more than two examinations in any 24-hour period may request alternative arrangements through the office of their Academic Counsellor.” *\*This policy does NOT apply to mid-term examinations.* There will be no make-up for the mid-term exam. Students who miss this exam with a valid reason will have the final re-weighted accordingly.

7. **Classroom Behaviour**: Class will begin promptly at the time specified at the top of page one of this syllabus. In the event that you must arrive late, please enter the classroom with a minimal disturbance to the class. I reserve the right to lock the classroom door and deny entrance if lateness becomes a common occurrence. Excessive talking during class time is disruptive, disrespectful, and will not be tolerated. Students engaging in such behaviour may be asked to leave the room. Cellular phones, pagers, and text-messaging devices are disruptive when they ring in class. If you must bring these with you, please place them on silent mode or turn them off during class. Failure to do so may result in your being asked to leave.

8. Laptops for the **purpose of typing lecture notes** are permitted in class, but please be respectful to your fellow students and turn the sound off. If I receive complaints from other students regarding noise or other disruptive behaviour (e.g., watching videos on YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.

9. Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

**STUDENT CODE OF CONDUCT**

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow.

For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

**ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES**

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

**SUPPORT SERVICES**

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>